

Rethinking Federal Work-Study

Incremental Reform Is Not Enough

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The federal government spends \$1 billion a year subsidizing colleges and universities to provide jobs to their students through the Federal Work-Study (FWS) Program. Many ideas for reforming the federal student aid system, including recent proposals from both Republicans and Democrats, include modifying the FWS Program, which, along with Federal Supplemental Educational Opportunity Grants (FSEOG), is a "campus-based" program, allocating federal funds to institutions, not to individual students. Most critics of the program, and most reform proposals, focus on the formula for allocating funds to institutions. But as the reauthorization of the Higher Education Act approaches, it is worth reconsidering the goals of FWS and asking whether the current program structure is the best way to achieve those goals.

A fundamental question is whether federal subsidies to institutions that encourage them to provide employment by paying part of students' wages should be considered financial aid. Students are generally being paid a market wage (or lower); they are not receiving a subsidy. Yet these earnings are added to grant aid and federal loans as a component of the financial aid packages institutions, along with federal and state governments, provide to supplement students' resources to help them pay for college. Students' wages add to their ability to finance their educational expenses, but whether the wage is paid entirely by the employer or partially by the government is not relevant. Requiring students to work to receive a portion of their financial aid packages diminishes the time they can devote to earning money to augment the resources available to them and their families.

Federal work-study creates employment opportunities for students, frequently on campus. In contemplating the future of FWS, policymakers should focus on the most effective strategies for increasing meaningful employment opportunities for a significant number of students, particularly those with limited resources.

The Design of Federal Work-Study

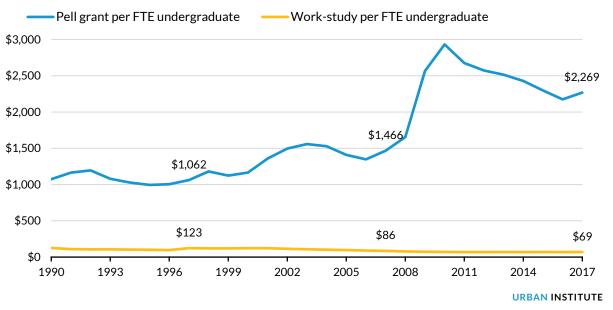
The Federal Work-Study Program was introduced as part of the Economic Opportunity Act of 1964 to help low-income college students earn money while enrolled. The federal government provides funds to institutions, not to individual students. Institutions then allocate the funds to students with documented financial need, providing a match of at least 25 percent of the wages students receive under the program. Students may be employed by the institution or by an outside employer, but more than 90 percent of FWS earnings are from on-campus jobs.² At least 7 percent of the federal allocation must support students working in community service jobs.

FWS earnings are treated differently by the federal need analysis formula than earnings from other employment. Because they are counted as financial aid in the year they were earned, FWS earnings do not count as income in the determination of need in following years. Earning more from a non-FWS job increases a student's income and expected family contribution, reducing future aid eligibility; the same is not true of FWS earnings. In other words, FWS earnings are treated as financial aid—not as earnings from employment—in the determination of financial need.

Work-Study Today

About 90 percent of the \$1 billion in annual FWS funds go to undergraduate student wages, and 10 percent support graduate student employment. These FWS dollars equaled 3 percent of the \$28.2 billion of Pell grant funding in 2017–18, a decline from 7 percent of the Pell dollars in 2007–08 and 13 percent in 1997–98 (figure 1). The number of undergraduate and graduate FWS recipients—about 600,000—is less than 10 percent of the number of undergraduates receiving Pell grants (Baum et al. 2018, tables 1 and 5).

FIGURE 1
Federal Work-Study and Pell Grant per Full-Time Equivalent Undergraduate



Source: Sandy Baum, Jennifer Ma, Matea Pender, and CJ Libassi, *Trends in Student Aid* 2018 (New York: College Board, 2018), table 3

Notes: FTE = full-time equivalent. Years indicate the fall semester (e.g., 1990 is the 1990–91 school year). The values for the 2017–18 school year are estimates.

Because such a small share of students participate in FWS, funding per student, which has declined significantly, is negligible in the overall student funding context. The \$1,600 per participating student the federal government provided in 2017–18 amounted to just \$69 per full-time equivalent (FTE) undergraduate student and \$48 per FTE graduate student (figure 2) (Baum et al. 2018, tables 3 and 5).

FIGURE 2A
Federal Work-Study Funding per Full-Time Equivalent Undergraduate Student

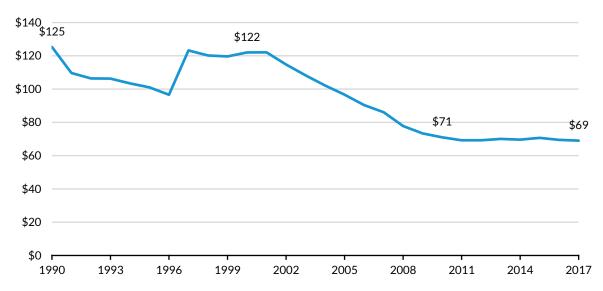
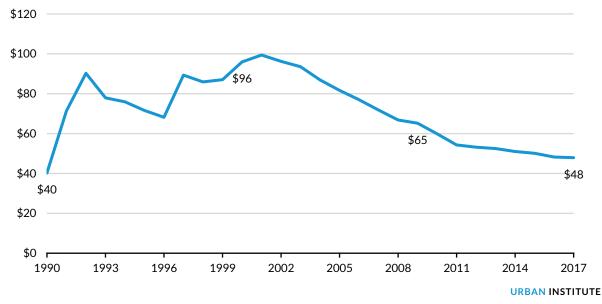


FIGURE 2B
Federal Work-Study Funding per Full-Time Equivalent Graduate Student



Source: Sandy Baum, Jennifer Ma, Matea Pender, and CJ Libassi, *Trends in Student Aid* 2018 (New York: College Board, 2018), table 3.

Note: Years indicate the fall semester (e.g., 1990 is the 1990–91 school year).

Despite the program's small scale, it is important to the institutions that benefit from it, and evidence shows that students who participate graduate from college at a higher rate than similar students who do not have FWS jobs (Scott-Clayton and Zhou 2017). The Trump administration's fiscal

year 20 18 and 2019 budgets proposed cutting the appropriation for FWS in half, but both Democratic and Republican proposals for reauthorizing the Higher Education Act would increase funding, modifying the allocation formula for this campus-based aid program (OMB 2018).

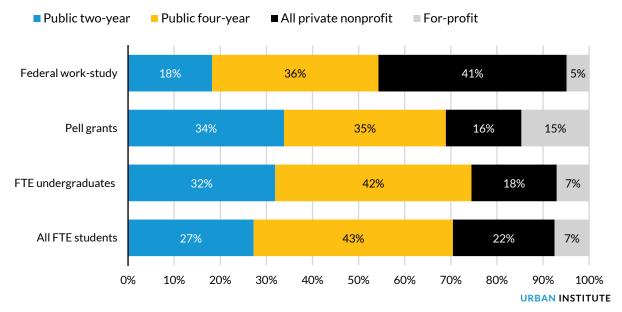
The Distribution of FWS Funds

The allocation of FWS funds to institutions fails to provide aid to those most in need of it, but for decades, policymakers have opted not to address the issue.

The formula allocating the funds to institutions is complicated but is based primarily on historical funding levels. More than half the funds are allocated on this legacy basis. Remaining appropriated funds are allocated through a "fair share" formula that bases funding on the level of aggregate student need at the institution, which is a function of the tuition and fees, other student budget items, and expected family contributions based on students' financial circumstances (Fountain 2017). Because this formula is based on historical participation in the program, funding goes disproportionately to institutions that enroll small shares of low-income students, leading to frequent proposals for revising the allocation approach.

In 2016–17, when 32 percent of FTE undergraduate enrollments—and 27 percent of all FTE postsecondary enrollments—were at public two-year colleges, students in this sector, who are disproportionately low income, received 34 percent of Pell grant funds (figure 3). But they received only 18 percent of FWS funds. Students at public four-year colleges and universities received similar shares of Pell and FWS, but the 22 percent of FTE students (18 percent of FTE undergraduates) at private nonprofit institutions received 41 percent of FWS funds compared with 16 percent of Pell grants (Baum et al. 2018, figure 8).

FIGURE 3
Distribution of Pell Grants and Federal Work-Study Funds by Sector, 2016–17



Source: Sandy Baum, Jennifer Ma, Matea Pender, and CJ Libassi, *Trends in Student Aid* 2018 (New York: College Board, 2018). **Note:** FTE = full-time equivalent.

In 2015–16, when 40 percent of undergraduate students received Pell grants, 5 percent received FWS funding. Moreover, the distribution of FWS recipients differs from the distribution of low-income students, as measured by Pell grant receipt. Eight percent of Pell recipients and 3 percent of nonrecipients received FWS funding in 2015–16 (table 1). Two-thirds of undergraduates in the forprofit sector received Pell grants, but only 1 percent benefited from FWS. Only 2 percent of public two-year college students participated in FWS, compared with 16 percent of those in the private nonprofit four-year sector.

Consistent with this pattern, FWS is not concentrated among the lowest-income dependent students. In the lowest parent income quartile, where 81 percent of students received Pell grants, 9 percent received FWS in 2015–16. In the third income quartile, with parent incomes between \$63,000 and \$113,499, the shares receiving funding from the two programs were similar—8 percent for Pell grants and 7 percent for FWS.

TABLE 1
Share of Students Receiving Federal-Work Study and Pell Grants, 2015–16

	Receiving federal work-study	Receiving Pell grants		
All	5%	40%		
Exclusively full time	7%	47%		
Sector				
Public four-year	5%	40%		
Private nonprofit four-year	16%	37%		
Public two-year	2%	35%		
For-profit	1%	66%		
Dependency status				
Dependent student	7%	38%		
Independent student	2%	43%		
Parents' income				
Less than \$27,900	9%	81%		
\$27,900-\$62,999	10%	62%		
\$63,000-\$113,499	7%	8%		
\$113,500 or more	4%	N/A		
Receiving Pell				
No Pell	3%	0%		
Pell	8%	100%		
Cost of attendance				
\$1-7,699	1%	21%		
\$7,700-\$14,599	2%	43%		
\$14,600-\$24,499	4%	53%		
\$24,500 or more	13%	43%		

Source: 2016 National Postsecondary Student Aid Study.

Both Pell grants and FWS are components of the federal aid system, designed to remove financial barriers for low- and moderate-income students. Despite recent growth, Pell grants leave large gaps for many high-need students, which they cover through a combination of borrowing and earning while enrolled. But one-fifth of FWS funds—and 27 percent of the funds supporting dependent undergraduates—went to students from families with incomes of at least \$80,000 in 2016–17. Whereas three-quarters of dependent Pell grant recipients were from families with incomes up to \$40,000, less than 44 percent of FWS recipients were from this income group (table 2) (Baum et al. 2018, figure 22b).

TABLE 2
Distribution of Federal Work-Study Participants by Income,
Dependency Status, and Level of Study, 2016–17

Income	Share of recipients		
Dependent students			
Less than \$23,999	19%		
\$24,000-\$41,999	15%		
\$42,000-\$59,999	12%		
\$60,000-\$79,999	11%		
\$80,000-\$89,999	8%		
\$100,000 or more	13%		
Independent undergraduates	15%		
Graduate students	7%		

Source: "Federal Campus-Based Programs Data Book 2018," US Department of Education, last updated August 29, 2018, https://www2.ed.gov/finaid/prof/resources/data/databook2018/databook2018.html, table 45.

Federal Allocations versus Student Earnings

Students earn more through their FWS jobs than the amount the federal government allocates because FWS, like other campus-based aid programs, requires an institutional match for federal funds. But the federal allocations do not all go to student earnings. Institutions can transfer some of the funds to FSEOG (or to Perkins Loans before that program ended). The allocation also covers an administrative cost allowance and funding for job location and development.

In 2016–17, when the federal allocation for FWS was \$960 million, institutions transferred 10 percent of the funds to other campus-based programs, 5 percent to administrative costs, and 1 percent to job location and development (table 3). The remaining federal contribution, \$807 million, made up 74 percent of the \$1.1 billion of student earnings in the program. The program funded 616,988 students, who earned an average of \$1,759 from their FWS jobs over the academic year.

TABLE 3
Federal Work-Study Funding, 2016–17

	Funding (thousands)	Share of allocation		
Total allocation	\$959,597	100%		
Net transfer from FWS	\$92,624	10%		
Administrative cost allowance	\$47,534	5%		
Job location and development	\$12,516	1%		
Allocation to earnings	\$806,923	84%		
Total earnings	\$1,085,583			
Federal share of earnings	74%			

Source: "Federal Campus-Based Programs Data Book 2018," US Department of Education, last updated August 29, 2018, https://www2.ed.gov/finaid/prof/resources/data/databook2018/databook2018.html, tables 1, 11, 17, and 21.

Note: FWS = federal work-study.

Proposals for Reform

Both the PROSPER Act, approved by House Education Committee Republicans in 2017, and the Democratic Aim Higher Act, introduced in 2018, would have substantially increased FWS funding. PROSPER would eliminate graduate students from the program and increase the required institutional match from 25 percent of the awards under the program to 50 percent. The two bills proposed similar changes to the allocation formula, phasing out the existing historical allocation over several years and basing institutional allocations on a combination of the aggregate value of the Pell grants students at each college receive and their financial need.

The bipartisan consensus in the House that the current formula for allocating FWS funds is inequitable means that a change is feasible. But the proposed formulas indicate a reluctance to totally abandon the existing funding distribution.

Basing the distribution on need is different from basing it on recipients' financial resources by, for example, focusing only on the share of all Pell grants an institution receives—one component of the proposed formulas. *Need* is defined in the financial aid system as the difference between the total student budget (i.e., the cost of attendance) and the expected family contribution, a measure of ability to pay. An upper-middle-income student could easily have a higher level of need at a high-price private college than a low-income student has at a community college. Maintaining need as a factor in the allocation of funds across institutions would mean allocating more funds to students at high-price institutions than to similar students at institutions with lower tuition prices, even if the new formula is a move away from the current skewed distribution of funds. In fact, the Congressional Research Service found that eliminating the institutional base guarantee and moving to a formula composed entirely of the existing fair-share formula, which is based on students' need, would further tilt funding toward institutions already receiving the largest proportion of federal dollars (NASFAA, n.d).

Understanding the longtime role of campus-based aid in federal financial aid sheds light on the motivation for maintaining some elements favoring high-price institutions. Pell grants are linked to individual students and are almost entirely based on students' financial circumstances, independent of

where they enroll. But high-price institutions, particularly in the private nonprofit sector, have effectively argued that the federal government should support choice among institutions, not only access. Low-income students need additional support to make enrolling in these colleges and universities feasible. Campus-based aid funds—FSEOG and Perkins Loans in addition to FWS—have historically given these institutions funds to help them meet student need, which is higher than it would be if those students were to attend institutions charging lower tuition prices, in large part because they receive state and local government funding.

Basing the allocation of the federal aid that flows through institutions on need rather than financial capacity allows high-price institutions to award students more federal aid than they would receive elsewhere. Proposals for maintaining need as one element of a modified formula would make the distribution of funds more equitable than it currently is without abandoning this approach.

The Future of FWS

Research on FWS is scarce, and the evidence about its impact is far from definitive. But it appears that FWS's positive impact on college completion and postcollege employment is largest if jobs are related to students' fields of study and that low-income students, those enrolled at public institutions, and those who would have taken other jobs without this program get more benefit than others from FWS jobs. On-campus employment may improve students' integration into the college community. This evidence, combined with the increasing importance of internships for postcollege employment, leads to the argument that FWS should be modified and strengthened (Scott-Clayton 2017; Scott-Clayton and Minaya 2016; Scott-Clayton and Zhou; NASFAA 2016).

But before addressing program reforms, it is useful to consider the role of FWS in students' financial aid packages. Under current practices, institutions meet as much of the financial need of students as possible by adding together students' expected family contributions; grant aid from federal and state governments, institutions, and other sources; federal loans; and FWS. In other words, a dollar the student will earn from an FWS job is treated as equivalent to a dollar of grant aid in measuring how much of a student's need is met.

From the students' perspective, earnings from FWS are not financial aid. The counterpart of the earnings is the work they have to perform, regardless of whether the government is helping their employers pay their wages. The institutions (or alternative employers) are receiving a subsidy, but the students are not.

A justification for a federal work-study program might be to help low-income students pay for college. But from the students' perspective, it is clear that a job—whatever its characteristics—is not equivalent to a grant. Most students work to supplement family resources, grants, and loans. Including earnings from work in their aid packages makes it more difficult for them to generate additional income because they have limited hours to devote to paid work.

A work-study program should ensure that as many students as possible—particularly low- and moderate-income students—have employment compatible with their academic schedules and should provide students valuable educational or work experience. For some students, these jobs provide earnings that replace earnings from less desirable employment. For others, they provide the only opportunity to supplement other resources to cover school expenses.

From a student's perspective, the hours worked, the nature and location of the work, and the wages are the critical factors. If working in certain types of jobs enhances the college experience, this is likely to be the case whether or not the job falls under work-study. The fact that work-study jobs are partially funded by the government matters to the institution but not to the student. Similarly, if workplace demands interfere with academic success, it is likely to be the number of hours devoted to employment, not the source of the funding, that is relevant (Baum 2010).

To the extent that having a job on campus is important for college success, FWS has a clear advantage over other employment. In 2015–16, 91 percent of full-time undergraduates with FWS jobs were employed on campus, compared with just 16 percent of those with non-FWS jobs. But FWS jobs were not more likely than other employment to be related to students' coursework (table 4).

TABLE 4
Prevalence and Characteristics of Federal-Work Study Jobs, 2015–16

	Had any job while enrolled	Had only FWS job while enrolled	Share of FWS job related to coursework	Share of non- FWS job related to coursework	Share of FWS on campus	Share of non-FWS on campus
All	58%	4%	32%	33%	91%	16%
Public four-year	55%	3%	33%	30%	88%	24%
Private nonprofit four-year	56%	10%	31%	41%	94%	28%
Public two-year	61%	2%	34%	25%	85%	5%
For-profit	63%	1%	42%	41%	87%	4%

Source: 2016 National Postsecondary Student Aid Study.

Note: FWS = federal work-study.

In today's economy, where there is a strong focus on the role of relevant work experience in easing the transition from college to the workforce, there is good reason to focus on the nature of the jobs FWS provides and the marketable skills these jobs foster. Some observers have argued that more work-study jobs should be at for-profit entities so they can provide the internship experience that has become increasingly important as preparation for postcollege enrollment (O'Sullivan and Setzer 2014; Thomas P. Miller and Associates 2012). This perspective creates a tension between the value of an on-campus job, which may free up time spent in transit, and enable students to more fully integrate into their campus community, and the value of a job that is more similar to future work opportunities (Hossler et al. 2009; Scott-Clayton 2017).

Conclusion

The initial intent of FWS was to generate employment opportunities for low-income students. This differs from other financial aid programs, which provide funds to supplement those that students and their families contribute from earnings and savings.

The FWS program serves a small share of low- and moderate-income college students, many of whom could benefit from on-campus or field-related part-time employment. Modifying the formula to spread opportunities to students at different institutions would be an improvement but would not help the program fill the needs of large numbers of students.

If the goal is to increase opportunities for part-time employment, it is time not only to revisit the formula that allocates funds across institutions, but to reimagine strategies for increasing these opportunities. Investigating the program's impact on students should not only compare participants with nonparticipants but should delve into what matters about the program. It is not, from the student's perspective, the fact that some of the wages are federally funded. Is working on campus the critical issue? This may be the case because of scheduling and transportation issues and because of the potential for feeling more integrated into the campus community. Is having work that is relevant to one's studies the issue? Most FWS participants do not have this experience, and some off-campus jobs may provide more internship-like experiences. Understanding these mechanisms is critical to designing an effective program.

The program should be an avenue for the federal government to provide incentives for colleges and universities and other employers to provide students part-time jobs that will give them meaningful work experience. It is not an effective mechanism for providing financial aid—funds that augment those available to students through their earnings and other resources and those of their families. If FWS were more generous, institutions might simply substitute these earnings for grants in aid packages.

In the face of increasing evidence about the importance of in-school work experience compatible with students' educational programs, it is time to rethink the federal government's strategy for supporting student employment. The federal government should provide incentives and well-targeted resources to support colleges and universities helping students find jobs that will provide them with needed funds, as well as job experiences that improve their on-campus learning experiences and their postcollege employment opportunities. Such a program should serve many more students than the number currently participating in FWS.

Ensuring that students, particularly low-income students, have access to employment that can provide both income and an opportunity to develop job skills and experience is an appropriate role for the federal government. But that role is distinct from providing the financial aid that supplements the funds students have available from their families' and their own resources. Counting earnings from work in the financial aid packages that are supposed to help students meet their expenses diminishes their options for supplementing their budgets with earnings. Considering earnings as part of the student

aid package makes it impossible for students to use these funds to meet their expected contributions or to augment their budgets beyond the bare-bones amounts allowed in the cost of attendance.

In essence, the packaging of work aid to meet need places a floor on the amount a student must work to finance even the basic expenditures allowed for in the institutionally defined student budget. If that budget proves inadequate to meet the student's expenses, which for low-income students may well include providing some level of support to parents or other family members not considered legal dependents, the student will either have to turn down the FWS or find a second job compatible with the demands of both the work-study job and academic coursework. Moreover, most students face unmet documented need after receiving their aid packages, and employment is an obvious source of funds to fill the gap.

Current FWS funds may be important to the institutions where they are concentrated and to individual recipients, but the program's scale makes it impossible that this program, as it is now structured and funded, makes a major difference in how students finance their postsecondary education or in how well work during college strengthens postcollege employment opportunities.

It is time to rethink the federal role in supporting student employment and to conduct rigorous evaluation of program designs with the potential to strengthen part-time employment opportunities for students. This could include supporting off-campus internships related to students' studies and workbased learning—as proposed in the Aim Higher Act—as well as on-campus employment. Tweaking the allocation formula for FWS and other campus-based aid is a positive step but not sufficient. We should reconsider the primary goals of a work-study program:

- Increasing employment opportunities for students, particularly in geographical locations where these jobs are scarce
- Providing on-campus jobs for students
- Providing part-time employment opportunities that strengthen marketable skills

In all cases, job structures should be compatible with academic schedules, a criterion the private market is not likely to satisfy without government intervention.

Developing a federal program that prioritizes these goals and meets them efficiently, with the benefits targeting students most in need of support, would be a major step forward in improving students' opportunities and using federal funds effectively.

Notes

- ¹ The federal Perkins Loan Program was also a campus-based program. The federal government ceased allocating funds to this program in 2005–06, and since June 30, 2018, institutions have not been allowed to disburse loans under this program.
- ² "Federal Campus-Based Programs Data Book 2018," US Department of Education, last updated August 29, 2018, https://www2.ed.gov/finaid/prof/resources/data/databook2018/databook2018.html, table 31.
- Some institutions include parent loans or private student loans in aid packages, but counting these funds as financial aid that meets documented need is controversial.

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